

Post treatment care after Root Canal Treatment

After root canal treatment, it is normal to experience pain; this is usually controlled with painkillers and resolves after 7 to 14 days. Pain may vary from being mild to severe. Sometimes you may experience sensitivity, throbbing and pain on biting.

Occasionally, in teeth with severe infections, if the pain is not relieved by taking painkillers or if a facial swelling occurs, please call the practice.

Please be aware that pain is not an indication of failure of treatment, this is a normal reaction of the tooth and its' surrounding tissues to the treatment.

Recommended Painkillers:

- Ibuprofen (Nurofen) 200mg. Two to three Ibuprofen tablets (400mg-600mg) can be taken every 8 hours. Nurofen Plus (Ibuprofen and Codeine) can be effective in pain relief.
- Paracetamol 500mg. Two Paracetamol tablets (1000mg) can be taken every 6 hours. Paracetamol in combination with codeine can be taken.

Ibuprofen can be taken together with Paracetamol or can be alternated with Paracetamol.

Root canal treated teeth are usually very heavily restored and are at high risk of fracturing; in some instances when they fracture, they may need to be extracted (resulting in loss of the tooth).

Once the root canal treatment is completed, your dentist may recommend placement of a crown on the tooth. A crown provides support for the tooth and prevents it from fracturing. The long term prognosis of the tooth is substantially improved with a crown.